



Proclamation

RECOGNIZING MAY 2023 AS MENTAL HEALTH MATTERS MONTH IN TULARE COUNTY

WHEREAS, mental health is essential to everyone's overall health and well-being and can affect all areas of a person's life, including school, home, and work; and

WHEREAS, one in five adults—approximately 52.9 million Americans—experience mental illness in a given year, and one in 20—about 14.2 million—live with a serious mental illness such as schizophrenia, major depression, or bipolar disorder; and

WHEREAS, approximately 20 percent of youth ages 13 to 18 experience severe mental disorders in a given year; and

WHEREAS, with early and effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, the stigma surrounding mental health conditions remains one of the greatest barriers to improving the lives of all individuals through better mental health care; and

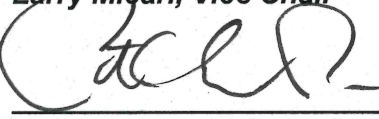
WHEREAS, Tulare County is dedicated to increasing community health by ending stigmas and focusing on the integrated role of mental health in all our lives.


NOW, THEREFORE, BE IT RESOLVED that the Tulare County Board of Supervisors does hereby recognize May 2023 as Mental Health Matters Month in Tulare County and calls upon all citizens, public and private institutions, businesses, and schools in Tulare County to recommit our community to increasing awareness and understanding of mental health, and the need for appropriate and accessible services for all people with mental illnesses.

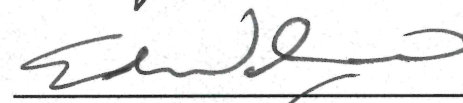
May 2, 2023

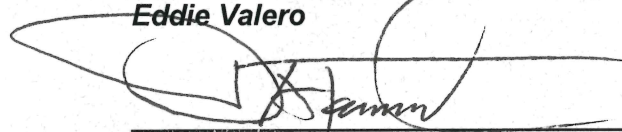



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